GRAND TOUR OF THE PELOPONNESE
GRAND TOUR OF THE PELOPONNESE - WED JUN 19 - SAT JUN 29

WED JUN 19  Athens

Athens is always a popular destination. A contemporary city, combining the present and the past in a unique way. Modern restaurants with famous chefs, lovely nightlife and various cultural events run every day and still the Athenian past is obvious in every corner of the basin, reminding that Athens is the historical capital of Europe, with a long history, dating from the first settlement in the Neolithic age.
### ACCOMMODATIONS

<table>
<thead>
<tr>
<th>NAME &amp; ADDRESS</th>
<th>BOOKING #</th>
<th>CHECK-IN</th>
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<tbody>
<tr>
<td>Perianth Hotel</td>
<td>Quoted</td>
<td>2:00 PM</td>
<td>12:00 PM</td>
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<tr>
<td>Street Limpona</td>
<td></td>
<td>Wed Jun 19, 2019</td>
<td>Thu Jun 20, 2019</td>
</tr>
<tr>
<td>Athina, 105 60, Greece</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Phone: +30 21 0321 6660</td>
<td></td>
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<tr>
<td>Website</td>
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### BOOKING DETAILS

Double Standard Room
TOUR

**ABOUT**

Athenian Neighborhoods Walk

**START**

Wed Jun 19, 2019

**FINISH**

BOOKING DETAILS

Explore contemporary Athens! Vibrant, refreshing and with a strong character Athens is considered as one of the most vivid European capitals!

Join this one-of-a kind walking tour off the beaten path and understand how Athens has evolved to the city it is today: A city in layers, where the ancient, the ottoman, the neoclassical and the modern city coexist. During our tour you will experience how Athens—a small town of 10,000 citizens in the early 1830s transformed into the capital of the new Greek State in 1834. Our steps will take you to neighborhoods where the footprint of the Ottoman Empire is still present, to understand how the old city and its traditions mixed— or didn’t— with western European values and ideas. As our walk continues you will grasp a true sense of orientation in the city and start making sense out of the apparent chaos of modern day Athens and its people. At the end of this tour you won’t be seeing Athens as a tourist anymore, but as it truly is: a complex, multilayered and fascinating city that few visitors get to experience in just a few hours!
After breakfast depart on your guided tour of the Peloponnese. Your first stop will be the mountain village of Kalavryta. A dreamy setting with picturesque squares, stone-paved streets and cute little houses welcomes the romantic souls! The final stretch of today's journey to the village will be a ride on the “Odontotos” (a rare example of a fully functional cog railway) which will take you past gorgeous landscapes followed by a walking tour of Kalavryta.
TOUR

<table>
<thead>
<tr>
<th>ABOUT</th>
<th>START</th>
<th>FINISH</th>
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<tbody>
<tr>
<td>Kalavryta Railway Trip and Walking Tour</td>
<td>Thu Jun 20, 2019</td>
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BOOKING DETAILS

About 120 years ago Odontotos rack railway started from the seaside town of Diakopto parallel to the river and climbed to Kalavrita through bridges and tunnels. Since then the Vouraikos river and Odontotos go together. The little train incorporated so well to the natural environment that it seems that it had always been there. The way it was constructed did not put a strain on the ecosystem of the gorge. Using stone and wood from the area the technicians’ work is so perfect that someone may think that the nature worked on its own. Odontotos is not just a train. Vouraikos gorge and Odontotos rack railway Diakopto – Kalavrita is a unique attraction in Greece. An area full of towns, villages, hospitable inhabitants, unique environment and the scent of Greek life. In order to write the history of this place we need volumes of books but a trip on the train will give you a real taste.

Upon arrival in Kalavryta your guide will help you delve into the town’s history, especially the event during WWII where in 1943 German occupying troops murdered all male population over the age of 14 and burned the town. Visit the memorial built to honour the dead, a large white cross on the top of the hill where the villagers had been executed, as well as the Municipal Museum of the Holocaust of Kalavryta where you can see exhibits related to the history and the traditions of the town.
## ACCOMMODATIONS

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<tr>
<th>NAME &amp; ADDRESS</th>
<th>BOOKING #</th>
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<tbody>
<tr>
<td>Kalavrita Canyon Hotel &amp; Spa</td>
<td>Quoted</td>
<td>2:00 PM Thu Jun 20, 2019</td>
<td>12:00 PM Fri Jun 21, 2019</td>
</tr>
<tr>
<td>Kalavrita, 250 01, Greece</td>
<td>Phone: +30 2692 022004</td>
<td></td>
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</tr>
</tbody>
</table>

**BOOKING DETAILS**

Double Superior Room

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**FRI JUN 21**
Kalavryta to Dimitsana via Ancient Olympia

Today’s route will first take you to Ancient Olympia before settling in the picturesque village of Dimitsana. Dimitsana is a Village in Arcadia in the Peloponnese Region of Greece. It is also a listed traditional settlement, a town hall, a province capital, a municipal district and a cathedral house. Arcadia is geographically located at the center of the Peloponnese, there are large mountains (Mainalo, Parnonas and many others) and is washed by the Argolikos bay and the Myrtoan Sea. It presents remarkably varied natural contours, landscapes of unparalleled beauty, areas of extreme archaeological interest and historic locations. It was first inhabited by the Arcadians, one of the most ancient tribes of the Peloponnese, who created great cities.
TOUR

<table>
<thead>
<tr>
<th>TOUR</th>
<th>ABOUT</th>
<th>START</th>
<th>FINISH</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Tour of Ancient</td>
<td>Fri Jun 21, 2019</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Olympia</td>
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</tbody>
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BOOKING DETAILS

Olympia is dedicated to Zeus, the father of the gods, it sprawls over the southwest foot of Mount Kronios, at the confluence of the Alpheios and the Kladeos rivers, in a lush, green landscape. Although secluded near the west coast of the Peloponnese, Olympia became the most important religious and athletic centre in Greece. Its fame rests upon the Olympic Games, the greatest national festival and a highly prestigious one world-wide, which was held every four years to honour Zeus. You will visit the Archaeological Site of Olympia for a tour at the sanctuary, which make part of the Unesco Ancient Heritage and the museum.
## ACCOMMODATIONS

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<th>NAME &amp; ADDRESS</th>
<th>BOOKING #</th>
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<tr>
<td>Nerida Boutique Hotel</td>
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<tr>
<td>Dimitsana, 220 07, Greece</td>
<td></td>
<td>Fri Jun 21, 2019</td>
<td>Sun Jun 23, 2019</td>
</tr>
<tr>
<td>Phone: +30 2795 032700</td>
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<td>Website</td>
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### BOOKING DETAILS

Double Room
Tour

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<tr>
<th>ABOUT</th>
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<tbody>
<tr>
<td>Visit to Aghios Prodromos and Lousios Hike</td>
<td>Sat Jun 22, 2019</td>
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</table>

**BOOKING DETAILS**

This afternoon you can take the opportunity to visit an old Monastery built on a huge vertical rock overlooking the Lousios River Gorge. Timiou Prodromou Monastery has played a very important role during the Greek evolution against the Turkish in the 18th century as it served as a medical station for the injury Greek fighters. There is no road to the monastery, and the hike takes a total of about 1h30min. It is a amazing to witness the peace and tranquility of this beautiful place. The local caretaker monk will be happy to take you for a little tour of the grounds, and talk about everyday life here. The walk contours along the lush Lousios River Gorge, through forests, orchards and olive groves, and past soaring limestone cliffs and canyons. We'll return to Dimitsana late this afternoon to walk in the picturesque village and buy local products before dinner.
Dimitsana to Mani via Kardamyli

Depart after breakfast for beautiful Mani. Located in Southern Peloponnese, it expands in the prefectures of Lakonia and Messinia. It is an area of great history and beauty and offers visitors a variety of activities. Along the way to your hotel in Gerolimenas you make a stop outside Kardamyli to get a taste of a local treat, Lalagi.
ACTIVITY

<table>
<thead>
<tr>
<th>ABOUT</th>
<th>START</th>
<th>FINISH</th>
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<tbody>
<tr>
<td>Lalagi Cooking</td>
<td>Sun Jun 23, 2019</td>
<td></td>
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<tr>
<td>Workshop</td>
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</table>

BOOKING DETAILS

The workshop is hosted in the 18th century Mani tower-house of the Faseas clan, in the picturesque village of Exochori. Come and join us in making the traditional 'lalagia' (those curly dough crisps that can become dangerously addictive!). We have revived a long forgotten recipe, a favorite of our grandmothers! All you need to do is roll up your sleeves, get covered in flour and enjoy a really unique experience!
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<th>NAME &amp; ADDRESS</th>
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<td>Kyrîmai Hotel</td>
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<tr>
<td>Gerolimenas, 230 71, Greece</td>
<td></td>
<td>Sun Jun 23, 2019</td>
<td>Tue Jun 25, 2019</td>
</tr>
<tr>
<td>Phone: +30 2733 054288</td>
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**BOOKING DETAILS**

Double Courtyard Room
TOUR

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<tr>
<th>ABOUT</th>
<th>START</th>
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<tbody>
<tr>
<td>Explore Laconian Villages</td>
<td>Mon Jun 24, 2019</td>
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</table>

BOOKING DETAILS

Staring from Gerolimenas you will stop at the amazing village of Vatheia! You suddenly see Vatheia in front of you as you round one of the bends in the road through Mani peninsula. From its vantage point at the top of a hill, it casts its imposing gaze out over the sea. Vatheia is a fine example of typical Maniot architecture and a real treasure in the history of Greek architecture as a whole. From Vatheia you will continue a few kilometers to reach Cape Tainaron! Cape Tainaron, the southernmost point of mainland Europe has a distinct atmosphere- barren, desolate and yet was once home to a large Roman town. At this region, a cave network was believed to be an entrance to Hades; the gate to the Underworld. A short walk out to the lighthouse is rewarding in terms of the views en route and the vantage point the location gives you for gazing south towards Crete and Africa beyond. Late this noon you will stop at a small beach to relax and have lunch by the sea.

TUE

JUN

25
Mani to Monemvasia via Diros Cave

After breakfast, set off for Monemvasia, visiting Diros Cave and possible Aeropolis en route. Monemvasia is located in the southeastern Peloponnese, 400 meters from land, having been separated from the mainland by an earthquake in 375 A.D. Many ruins of the original 800 houses and only four out of the original forty churches can be found in the lower town. High above, castle walls protect the upper town on the summit. There one can see the remains of Byzantine houses and public buildings and a vast cistern that ensured a water supply at times of siege.
Experience Diros Cave, one of the world’s most beautiful caves, located on the western shores of the Laconic Peninsula, on the Gulf of Diros, under the minimalist landscape of Mani where nature, with incomparable deftness and patience, has carved a miracle surpassing any imagination. Stark-white stalagmites and stalactites, impressive curtains and sparkling crystals embellish each one of its corners, creating a breathtaking spectacle.

Close to the cave is located the traditional settlement of Areopolis - an imposing and imperious area that dominates the west side of Mani in Laconia - where the element of stone plays a leading role. Stone large towers and smaller, adorn this historic region and give it an air of pride and uniqueness. You can stop there for lunch and enjoy a nice walk in the small pedestrian roads passing in front of small local shops and “kafenia” (Greek traditional cafes).
**ACCOMMODATIONS**

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<tr>
<td>Monemvasia, Laconia,</td>
<td></td>
<td>Tue Jun 25, 2019</td>
<td>Fri Jun 28, 2019</td>
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<tr>
<td>Peloponnese, 230 70,</td>
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<td></td>
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</tr>
<tr>
<td>Greece</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Phone: +30 2732 066300</td>
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**BOOKING DETAILS**

Run of House
### TOUR

<table>
<thead>
<tr>
<th>ABOUT</th>
<th>START</th>
<th>FINISH</th>
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<tbody>
<tr>
<td>Visit Monemvasia Castle</td>
<td>Wed Jun 26, 2019</td>
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</table>

### BOOKING DETAILS

This morning you will explore the medieval walled town of Monemvasia. Enjoy a 2 hours walking tour of the Upper and Lower old town. Accompanied your guide guide, walk through the meandrous narrow streets, the fortress walls and the churches and step back to the life of the mythical castle-town through the centuries. Gazing at Myrtoo Sea below the imposing rock, we relive the stories and the legends, listen to poems written about this place and learn the local history, architecture and culture.
### ACTIVITY

<table>
<thead>
<tr>
<th>ABOUT</th>
<th>START</th>
<th>FINISH</th>
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</thead>
<tbody>
<tr>
<td>Traditional Cooking Class with the Mansion's Chef de Cuisine at Kisterna</td>
<td>Wed Jun 26, 2019</td>
<td></td>
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</tbody>
</table>

### BOOKING DETAILS

Participants will have the chance to walk around the estate with the Chef himself to select and handpick fresh ingredients from our very own culinary gardens and then gather in the main kitchen (Session I) or in the old stone oven (Session II) of the mansion. All participants are involved in preparing the recipes. At the end of the cooking class, participants will get the recipes they have already prepared, as well as other traditional recipes to try at home. The cooking lesson completes with a meal at the All-Day Restaurant where you will have the opportunity to savour the dishes you helped prepare!

Duration: 120'-160' depending on the number of participants (meal time is not included)

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**THU JUN 27**  
**Boat Excursion**  
Today enjoy a day of rest and relaxation aboard your private vessel. Details TBA.

**FRI JUN 28**
After breakfast head north to your final stop on this grand tour. Nafplio is one of the most historic cities of the region, full of spectacular monuments and sights that have stories that span from the ancient times to the medieval. According to mythology, the town was founded by Náfplios, the son of god Poseidon and the daughter of Danaus (Danaida) Anymone. The town’s history traces back to the prehistoric era when soldiers from here participated in the Argonautic expedition and the Trojan War alike. The town declined during the Roman times and flourished again during the Byzantine times. Frankish, Venetian and Turkish conquerors left their mark in the town and strongly influenced its culture, architecture and traditions during the centuries. Ancient walls, medieval castles, monuments and statues, Ottoman fountains and Venetian or neoclassical buildings mesmerize the visitor with their unique architecture and beauty. It hosted the first Greek parliament after the Greek War of Independence. The harbor waterfront is an ideal getaway to enjoy the panorama of the Mediterranean sunset or enjoy a nice lunch!
TOUR

ABOUT START FINISH
Visit Mystras Fri Jun 28, 2019

BOOKING DETAILS

Magnificent, spectacular & glorious, Mystras is one of the most exciting cities in Peloponnese. Standing still in time, the dead city lies on the slope of the sheer, strange hill with the fortress at its top. Reminder of a glorious era, power and culture. Mystras, the 'Wonder of the Morea', was built as an amphitheatre around the fortress erected in 1249 by William of Villehardouin. Reconquered by the Byzantines, then occupied by the Turks and the Venetians, the city was abandoned in 1832, leaving only the breathtaking medieval ruins, standing in a beautiful landscape. The complex of the ruins of Mystras offers the image of a city with a brilliant destiny that was deserted by men and threatened by the return of encroaching vegetation, which is splitting the walls and covering the slopes, thus destroying here and there fragile traces of history. Among others you will have the chance to admire the beauty of the churches of Mystras, which during the Paleologus Renaissance had been covered with dramatic frescoes.
### ACCOMMODATIONS

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<tr>
<th>NAME &amp; ADDRESS</th>
<th>BOOKING #</th>
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<tbody>
<tr>
<td>Grand Sarai Nafplio</td>
<td>Quoted</td>
<td>2:00 PM</td>
<td>12:00 PM</td>
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<tr>
<td>Nafplio, 211 00, Greece</td>
<td></td>
<td>Fri Jun 28, 2019</td>
<td>Sat Jun 29, 2019</td>
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</table>

**BOOKING DETAILS**

Run of House
In the peaceful hinterland of Epidaurus, with its mild climate and abundant mineral springs, is the sanctuary of the god-physician Asklepios, the most famous healing center of the Greek and Roman world. It is considered the birthplace of medicine and is thought to have had more than two hundred dependent spas in the eastern Mediterranean. Its monuments, true masterpieces of ancient Greek art, are a precious testimony to the practice of medicine in antiquity. Every summer the famous Epidaurus Festival takes in the huge theater of Epidaurus with dramatic performances. Rather than simply touring the ruins, you will experience the beauty and awe inspiring acoustics of the theatre through one of these performances.

EVENT

ABOUT

Optional: Epidavros Performance

BOOKING DETAILS

Detail TBA. Schedule posted in late spring.

Nafplion to Athens via Nemea

It is time to return to Athens. Along the way a stop will be made in Nemea to enjoy some of the region’s delicious wine before you say goodbye to the Peloponnse. Upon arrival in Athens in the afternoon, you will have the option of two drop off points - one downtown and one at the airport. Hotel accommodations in Athens for tonight not in included to be provided on request basis.
ACTIVITY

<table>
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<tr>
<th>ABOUT</th>
<th>START</th>
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<tbody>
<tr>
<td>Wine Tasting in Nemea</td>
<td>Sat Jun 29, 2019</td>
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BOOKING DETAILS

Nemea is an ancient site in the Northeastern part of the Peloponnese. In Greek mythology Heracles overcame the Nemean Lion of the Goddess Hera, and here during Antiquity, the Nemean Games took place. The region was first put on the map for its winemaking by Homer, who called it Ampeloessa – “full of vines”. Today the appellation of Nemea is the most important red wine AOC of southern Greece and arguably of all Greece. The indigenous Greek Agiorgitiko grape is used and produces wines famous for their deep red colour with violet and blue hues, complex aroma and long, velvety palate. The winery of Skouras that we suggest to visit is very well maintained and visitors are given a very thorough and friendly tour around the vineyards, the cellar and the production facilities followed by a casual and informative wine tasting and lunch.

Pricing and Summary of Services

Pricing

3.640 EUR per person

Pricing is based on 14 guests sharing double occupancy. Single and triple pricing on request.

Included

- Accommodations for 10 Nights
  - Perianth Hotel, Athens (1 Night)
  - Kalavrita Canyon Hotel & Spa, Kalavryta (1 Night)
  - Nerida Boutique Hotel, Dimitsana (2 Nights)
  - Kyrimai Hotel, Gerolimenas (2 Nights)
- Kinsterna Hotel, Monemvasia (3 Nights)
- Grand Sarai Nafplio, Nafplion (1 Night)
- Athenian Neighborhoods Walk
- Private Minibus, English-Speaking Driver and English-Speaking Guide for 10 days
- Kalavryta Railway Trip and Walking Tour
  - Railway tickets
- Tour of Ancient Olympia
  - Entrance fees
- Visit to Aghios Prodromos and Lousios Hike
  - Hiking guide, walking sticks, snacks
- Lalagi Cooking Workshop
  - Traditional recipe and tastings
- Explore Laconian Villages
- Visit Diros Cave & Areopoli
  - Entrance fees
- Traditional Cooking Class with the Mansion’s Chef de Cuisine at Kisterna
  - Cooking class with Estate Chef, tastings, and lunch
- Visit Monemvasia Castle
- Boat Excursion
  - Boat charter, coffee and soft drinks, beach towels
- Visit Mystras
  - Entrance fees
- Wine Tasting in Nemea
- Breakfast Daily
- 7 Lunch
- 7 Dinners
- VAT

**Not Included**
- International Airfare
- City Tax (4 EUR per room per night to be paid locally)
- Meals Not Listed
- Gratuities
- Epidavros Performance Tickets (Optional)
- Personal Expenses
- Travel Insurance
- Anything Else Not Listed in 'Included'

**Booking Terms and Conditions**

**Payment**

- 30% deposit due by October 10, 2018
- 30% payment due February 10, 2019
- 40% balance due May 10, 2019

Credit cards accepted and fees:

- Visa and MasterCard: 0.8%
- American Express: 2.8%

**Cancellation Policy**
90 to 60 days prior to arrival: 15% penalty
59 to 30 days prior to arrival: 30% penalty
30 days: non refundable

All cancellation requests must be submitted in writing - travel@lifestravelmoments.net and mkiriazis@smartflyer.com

Trip cost is based on 14 guests. Should this number not be fulfilled, pricing will be adjusted as necessary.